



The mission of Concord University is to provide quality, liberal arts based education, to foster scholarly and creative activities and to serve the regional community (<http://www.concord.edu/academics/>).

Part 1:

Instructor Information: Tara Mullins, M.A., Adjunct Instructor/Beckley Campus

Instructor Phone: 304-890-0851 (Text or Call) Beckley Campus Phone: 304-384-5614

Instructor E-Mail: Course Mail through Moodle

Office Location: N/A (Make arrangements to meet with me prior to class or following class). Students can call or text anytime M-F after 9 am and prior to 9 pm. If not an immediate reply, response time is typically within 24 hours.

Division: Social Sciences

Division Website: <http://www.concord.edu/psychology/>

Course: Bluefield State College/Concord University
Course Collaboration
Spring Semester 2019
General Psychology PSY 101 1CH
Bluefield Students CRN 21280
Concord Students CRN 20380

Credit: 3 Hours Prerequisite(s): None

Course Time: Thursdays 7 pm to 9:30 pm

Room: Erma Byrd Higher Education Center (HEC) Room

Course Management System: Moodle (can access through www.concord.edu Everyday Access tab)

Software Requirements: Office 365

Textbook Requirements: Richard J. Gerrig, Psychology and Life, 20th Edition, Upper Saddle River, NJ: Pearson, 2013.

Part 2:

Course Description and Objectives: An introductory study of the basic concepts and principles of psychology. Topics addressed include a history of psychology, research methods, the biological and evolutionary bases of behavior, social psychology, consciousness, learning, cognitive processes, intelligence, human development, motivation, emotions, personality, abnormal behaviors, and therapies for psychological disorders in order to provide you with an overview of the field.

The primary objective of the course is to explore the above-mentioned subject matter and to become familiar with vocabulary and concepts of the field. A goal of this class is to emphasize the development of critical thinking skills to prepare you to be a cautious and analytical thinker. I also hope that you will derive personal benefits from the class; that at the end of the term you will have increased your understanding and acceptance of yourself and others; and that you will gain something from this class that will enrich your personal relationships and add to your success in your chosen occupation.

Concord University Educational Goal(s): Skill #3 An ability to employ appropriate methods and technologies for conducting empirical and scholarly research, to interpret research findings, and to use insights gained from such research as a basis for informed decision making.

Learning Outcome: Assignment: “Scientific Sources”

Find a legitimate (scientific) source and a popular (unscientific) source that both address the same topic within psychology that you find interesting and (1) compare (what do they have in common?) and (2) contrast (what are some important differences between them?) in regards to how they cover the material.

(3) Address how this legitimate research advances the field of psychology? (i.e., what does it add to our knowledge in some specific area within psychology?) (4) And how it advances the scientific understanding of human behavior? (i.e., how does it help us to better understand humans in general, in a way that is useful?).

Specific Learning Outcomes:

Upon successful completion of this course, the student will be able to identify and describe the overarching themes and the major contemporary perspectives of the following:

- The history of psychology and an overview of research techniques.
- The biological bases of behavior; nervous system and endocrine system.
- Current findings on conformity, obedience, altruism, and attitude formation.
- Particular research being conducted on altered states of consciousness and sleep and dreaming.
- Themes and current findings about social, intellectual, physical, and personal development throughout the lifespan.
- Principles of classical and operant conditioning as well as social and cognitive learning as various means by which people learn.
- The current understanding of the memory process: storage, retrieval, forgetting, and memory aids.
- Daily examples of cognitive problem-solving strategies and the basic theories explaining intelligence.

- The stages of language development and consider the connection between thought processes and language.
- The biological, stimulus, and learned motivations and the theories associated with these.
- The psychological and cognitive correlations to emotional arousal.
- Specific theories of personality formation including personality assessment.
- The difficulty of defining and diagnosing "abnormal" behavior and a general introduction to the DSM-V and categories of psychological disorders.
- Basic therapeutic techniques typical of a variety of somatic therapies, psychotherapies, and behavior therapies and will be able to see how these evolved from the theoretical explanations of personality development and psychopathology.
- Cultural diversity and ethnic diversity in psychology developments.
- Applying psychology to life circumstances.

Course Requirements: There are Quizzes, Discussion Boards (DB's), Assignments, Exams, and a Comprehensive Final Exam.

1. Quizzes You will be given quizzes to help you review the introduced psychological concepts and to aid in preparation for exams. Each chapter covered will contain a quiz. The quizzes can be located in each Chapter Folder and will be the last entry in that folder. Quizzes will be administered online and have 10 multiple choice questions worth 1 point each (i.e., ten points total). Quizzes are timed. Students have 15 minutes to take each quiz. Once you have started a quiz you must complete it (i.e., the 15 minutes continues to count down and cannot be stopped and saved to return to later). Quizzes are to be taken after lecture on each chapter (**see Class Schedule for specific availability dates**). Quizzes are worth a total of 100 points (10 points for each quiz) and account for 10% of your overall course grade. There are 11 total quizzes so one quiz counts as bonus points.

2) Discussion Boards (DB's)

Discussion Boards are a way for me to see that you are engaging in the material you are learning and that you are starting to apply these concepts to your understanding of yourself and others. There will be 3 total DB's throughout the semester. Students are to reply to the instructor's questions in the discussion forum by **Adding a New Discussion** and then **Reply** to at least two peer's posts in order to receive full discussion credit. Each discussion forum is worth 50 points. **Refer to the document "Discussion Board Instructions", to be posted on Moodle prior to the first DB, for additional instructions on DB's.** Discussion Boards, as a whole, total 150 points or 15% of your course grade. **See Class Schedule for specific availability dates.**

Many of these topics of discussion do not have definitive answers so your responses could include your subjective opinion. This means that there are no straightforward right or wrong answers. I will grade according to whether I think you have understood the material and have tried to answer to the post thoroughly and thoughtfully.

3) Assignments

One of the main goals of this course is for you to take psychological information, learned in the chapters and supplemental materials, and apply to yourself and others. Assignments are a way to apply the use of Psychology in the real world. Availability and specifics of each assignment will be available on Moodle in the corresponding weekly folder. **See Class Schedule for specific availability dates.** There are 2

assignments total and each is worth 50 points, totaling 100 points or 10% of your course grade.

Assignments are to be submitted through Moodle.

4) Exams: There will be three exams given throughout the semester. Exams will consist of 50 multiple choice questions. Each exam is worth 150 points or 15% of your course grade. **Exams will be administered online through Moodle.** Note: A document outlining testing protocol and test taking strategies will be posted on Moodle and discussed in class. Study guides will be posted on Moodle. Lecture will consist of brief power point discussion and elaboration of specific concepts. Power points WILL NOT be distributed in class, however, will be posted on Moodle. I encourage you to print power points and study guides prior to each corresponding lecture and bring to class with you. Exams are not cumulative in nature, but will include questions covered in lecture prior to each particular exam. **Note: On Examination dates we will NOT meet for lecture. See Class Schedule for specific Exam dates.**

5). Final Exam: There will be a comprehensive final exam on May 9 at 7 pm. Students will be allotted two hours to take the final exam. The final exam will consist of 100 multiple choice questions and is worth 200 points or 20% of your course grade. **The final exam will be administered online through Moodle.** Refer to study guides from all chapters covered throughout the semester for final exam preparation.

Exam Make-up Policy:

Should a student miss an **Exam** or the **Final Exam** due to an extenuating circumstance (e.g., hospitalization, severe weather conditions, etc...) this will be taken into consideration. Students should discuss with me any extenuating circumstances as soon as feasible so that the status of their situation can be assessed and, if applicable, a make-up exam can be arranged. Make-up examinations are typically hard copy exams, with on-site administration via a proctor (no books or notes permitted). In extreme cases, an Incomplete may be in order.

Grading Summary:

Quizzes (11 total; 1 counts as bonus points)	100 points (plus 10 bonus)
Assignments (2 total; 50 points each)	100 points
Discussions (3 total; 50 points each)	150 points
Exams (3 total; 150 points each)	450 points
Final Exam	200 points
Total Points	1000 points

Grading Policy and Scale:

- A = 900-1000 points or 90-100%
- B = 800-899 points or 80-89%
- C = 700-799 points or 70-79%
- D = 600-699 points or 60-69%
- F = below 600 points or below 60%

Class Schedule:

January	17	Syllabus Review & Course Expectations Chapter 1 Psychology and Life
	24	Complete Chapter 1; Chapter 2 Research Methods in Psychology Quiz Chapters 1 & 2 (Due by January 31 at 7 pm) Assignment "Scientific Sources" (Due by April 25 at 7 pm)
	31	Chapter 3 The Biological and Evolutionary Bases of Behavior Quiz Chapter 3 (Due by February 07 at 7 pm)
February	07	Chapter 16 Social Psychology Quiz Chapter 16 (Due by February 14 at 7 pm) Discussion "Ethics in Research" (Due by February 21 at 7 pm)
	14	Exam 1 (Chapters 1, 2, 3 & 16) Online Administration (Exam opens at 7 pm and disables at 9:30 pm; 1 hour time limit)
	21	Chapter 5 Mind, Consciousness, and Alternate States Quiz Chapter 5 (Due by February 28 at 7 pm)
	28	Chapter 6 Learning and Behavior Analysis Quiz Chapter 6 (Due by March 07 at 7 pm) Discussion "Memory Distortion" (Due by March 21 at 7 pm)
March	07	Chapter 8 Cognitive Processes Quiz Chapter 8 (Due by March 21 at 7 pm)
	14	Spring Break
	21	Exam 2 (Chapters 5, 6 and 8) Online Administration (Exam opens at 7 pm and disables at 9:30 pm; 1 hour time limit)
	28	Chapter 9 Intelligence and Intelligence Assessment Quiz Chapter 9 (Due by April 04 at 7 pm)
April	04	Chapter 10 Human Development Across the Lifespan Quiz Chapter 10 (Due by April 11 at 7 pm)
	11	Chapter 11 Motivation and Chapter 12 Emotion, Stress, and Health Quiz Chapters 11 & 12 (Due by April 18 at 7 pm)
	18	Exam 3 (Chapters 9-12) Online Administration (Exam opens at 7 pm and disables at 9:30 pm; 1 hour time limit)
	25	Chapter 13 Understanding Human Personality Quiz Chapter 13 (Due by May 02 at 7 pm) Discussion "Psychological Disorders Depression" (Due by May 09 at 7 pm) ***Reminder: Assignment "Scientific Sources" due by 7 pm this date!

- May 02 Chapter 14 Psychological Disorders
 Quiz Chapter 14 (Due by May 09 at 7 pm)
 Assignment "CBT in Action" (Due by May 09 at 7 pm)
- 09 **Final Exam (Cumulative) Online Administration (100 questions; Exam opens at 7 pm and disables at 9:30 pm; 2 hour time limit)**
- Grades reported to the Registrar by Tuesday, May 14 at noon**

In the event of class cancelation, due to weather or other potentially extenuating circumstances, online instruction will be provided. *Note: Instructor will distribute a Student Contact Information Sheet the first week of class. Make sure and provide contact information should you need to be notified of an impending class cancellation. Make sure to update instructor of any changes in contact information that may occur throughout the semester.* Also, refer to the **Inclement Weather Policy**, described below, for information on University Closings, Class Cancellations, and Inclement Weather Schedules.

Part 3:

Accessibility/Accommodations:

Concord University is committed to responding to the needs of students with disabilities as defined by the Americans with Disabilities Act. Please inform your instructor at the beginning of the class semester if you have a disability and are requesting accommodations. It is your responsibility to self-disclose that you are requesting accommodations. The University and the instructor will provide you with a reasonable accommodation. You should register with CU's Disability Services Office, located on the Athens campus Jean and Jerry Beasley Student Center, Bottom Floor, across from the Campus Post Office. The Disability Services Office phone is 304-384-6086 or you can email the Director, Nancy Ellison, at nellison@concord.edu for assistance.

Academic Dishonesty

Academic dishonesty is morally unacceptable as well as destructive to the learning and teaching atmosphere. Academic dishonesty includes the giving or receiving of improper help on examinations or assignments, falsifying documents, and plagiarism (the act of stealing and using, as one's own, the ideas or the expression of the ideas of another). Such dishonesty can lead to a variety of penalties — including but not limited to failure of assignment, failure of course, loss of institutional privileges, or dismissal from the University. (See University Catalog Academic Policies and Procedures.)

Concord University Honor Code

A Concord University Honor Code was approved by students, staff, faculty, administration, and the CU Board of Governors. The Code states:

"As a member of the Concord University Community I will act with honesty and integrity in accordance with our fundamental principles and I will respect myself and others while challenging them to do the same."

The Honor Code is intended to unite the Concord community behind a culture of honesty, integrity, and civility.

Class Attendance Policy

Regular class attendance is part of a student's academic obligation at Concord. Irregular attendance may affect academic performance adversely and is detrimental to the atmosphere of a class (See University Catalog Academic Policies and Procedures).

Regular and prompt attendance is expected. Although your final grade will not be based upon attendance, in my experience attendance is important to academic success. Furthermore, announcements of specific due dates and any required changes in the schedule will be made in class and posted on Blackboard. It is your responsibility to get such information if you are absent.

Every instructor must maintain an attendance roster to satisfy Department of Education requirements concerning student eligibility for student aid. I will be distributing a sign-in sheet at each class meeting. Furthermore, it is university policy to turn in attendance records to registration usually within the first two to three weeks of class and again at midterms. For students who have never attended, this will be reflected on the attendance record, however, **it is the student's responsibility to officially withdraw from the course if they plan not to attend or decide to withdraw at some point in the semester. **For the Spring 2019 Semester, the Last Day to drop with a W is April 5, 2019 at 4 pm. May 03, 2019 by 4 pm is the last day to officially withdraw from the University.**

Emergency Alert System

In an effort to increase safety and security on our campus, Concord University encourages everyone to register for instant text message alerts. Alerts will only be used for security and safety notices. All students, faculty, and staff are eligible to receive text message alerts on their cell phones or email alerts. Please contact the IT Help Desk for further assistance (304-384-5291).

Emergency Information

Emergency/courtesy telephones are located at the main entrance of each residence hall and at various other locations on campus. Emergency telephones can be identified by the flashing blue light and will provide the user with a direct link to Public Safety at the press of a button. To report an on-campus emergency, call 304-384-5357 or 911. The Office of Public Safety is located on the bottom floor of the Rahall Technology Center. For further emergency information go to: <http://www.concord.edu/administration/office-public-safety>.

Inclement Weather Policy

As a general policy, the University will remain in normal operations during adverse weather conditions. In the event of severe weather conditions, the following may occur:

University Closure

No students or employees are to report.

Classes Cancelled

Students do NOT report BUT employees are expected to report to work at their normal time.

Operating on an Inclement Weather Delay

Under this schedule, all 8 a.m. classes will start at 10 a.m. Students and faculty will follow the Inclement Weather Schedule. (See <http://www.concord.edu/emergency-alerts> for Athens/Beckley Inclement Weather Schedules.)

**Announcements invoking the late schedule or other options referenced above are aired on area radio and television stations and are sent as text and email messages to those enrolled for this service. Announcements of campus closures and schedule delays are also posted on the CU webpage. Log on to <http://www.concord.edu> →Everyday Access → Emergency Alert System.*

Student Conduct

In classrooms, online, laboratories, and during any activities that are part of course requirements, students are expected to observe reasonable rules of conduct.

Technology Services

Contact the CU Help Desk at extension 5291 from campus or 304-384-5291 off campus. You may also e-mail cuhelpdesk@concord.edu.

Miscellaneous:

Athens Campus Drop-In Tutoring: free tutoring is available in the Library, Student Center Study Lounge (2nd floor), and Rahall atrium. For specific information, contact the Academic Success Center (asc@concord.edu or 304 384-6074)

SMARTHINKING: free online tutoring in most subjects is available 24/7. You may sign up through the MyCU Student Tab.

Related Research/Professional Organizations:

American Psychological Association
www.apa.org/

[Purdue OWL: APA Formatting and Style Guide](https://owl.english.purdue.edu/owl/resource/560/01/)
<https://owl.english.purdue.edu/owl/resource/560/01/>

"This syllabus is subject to change based on the needs of the class. Please check it regularly."