



The mission of Concord University is to provide quality, liberal arts based education, to foster scholarly and creative activities and to serve the regional community (<http://www.concord.edu/academics/>).

Instructor Information

Name	Dr. Wes Meeteer, PhD
Title	Assistant Professor of Human Performance
Office Location	Carter Center- 301K
Office Hours	MWF—900-1000 R—1045-1245
Phone/Fax/Email	304-384-5983/304-384-5117/wmeeteer@concord.edu
Department Website	http://www.concord.edu/human-performance/

Course Title	PED 118 Individual Sports
CRN/Section/Credit Hours	20440/01/3
Semester	Spring 2019
Room #	401 Carter Cneter
Time	TR 1100-1150 Inclement Weather: 1215-1255
Course Management System	Blackboard
Prerequisites	None
Text	THE PHYSICAL EDUCATION ACTIVITY HANDBOOK, 11 TH EDITION SCHMOTTLACH, N. AND McmANAMA, J.

Course Description/Rationale:

Students will acquire the basic knowledge, skills, strategy, and safety procedures necessary to participate successfully in recreational, badminton, weight training, racquetball, handball, shuffleboard, tennis, golf, and Frisbee golf, as well as others that may be added at the instructor's discretion as a recreational lifetime activity.

Concord University Educational Goal(s)

1.6	An ability to apply and to transfer academic and experiential learning appropriately from one context to another.
1.7	An ability to learn and work effectively both independently and collaboratively

Learning Outcomes/Course Objectives

- Be able to discuss the historical development of team sports as specified above.
- Be able to interpret, recall, and use the team sports' rules and regulations.
- Be able to describe, recall, and use the equipment, facilities, and safety procedures for participation in the above team sports during tests, class discuss, and game play.

- Be able to describe the health related benefits that a person can gain from participating in team sports.
- Demonstrate the proper courtesies and etiquette for each sport.
- Be able to properly score the sports and activities.
- Develop and perform the fundamental skills of each sport.
- Demonstrate the ability to use proper strategy when participating in the sport.

Course Requirements

Wear appropriate attire to be active and teach physical education throughout most class periods.

Grading Policy and Scale, Make-up Policy, Late Work

ASSESSMENTS FOR THIS COURSE:

- | | |
|--------------------------------------------------|-------------------|
| 1. 6 Examinations @ 75 points each | 450 points |
| 2. Skill performance..... | 150 points |
| 3. Professionalism/Participation..... | 300 points |
| a. Participation----- | 100 |
| b. Completing Daily Job----- | 100 |
| c. Helping Teammates(Not Complaining/Arguing)--- | 100 |
| TOTAL..... | 900 points |

GRADE SCALE

A =900-810 Points

B =809-720 Points

C =719-630 Points

D =629-540 Points

F =539 points and below

- | | |
|-------------------------------------------------------------------------------------------------------------------------------------|-----------|
| 4. Extra Credit (need 3 and fitness or nutrition log)..... | 50 points |
| a. Bowling Receipt, Golf receipt, Frisbee golf receipt, fling golf receipt, or another individual based sport receipt. | |
| b. Maintain one or both (6 week nutrition log on spark people, or myfitnesspal, 6 week activity log on park people or myfitnesspal) | |

HOW DO YOU ACHIEVE THESE OUTCOMES?

You must achieve these outcomes in many ways! First of all, you must participate in/out of class assignments, discussions, projects and other assignments. You will be evaluated on professionalism in this course (which includes attitude, participation, effort, promptness, and respect of yourself, teacher, classmates, students, and school property). You will take tests and complete assignments that will

assess your ability in the major outcomes for this course. You will also perform skills associated with the sports discussed.

MAKEUP POLICY

Late work will not be accepted and will result in a zero. If you are going to miss an exam/work because of a University Excused absence you need to make prior arrangements with the professor to take the exam or complete the work before the next class period. If prior arrangements are not made you will receive a zero.

Course Timeline (Schedule of Assignments/Assessments/Presentations)

PED 118		
Monday	Wednesday	Friday
1/14 Introductions Syllabus Review	1/16 Pre Test	1/18 Badminton
1/21 Holiday	1/13 Badminton	1/15 Badminton
1/28 Badminton	1/30 Badminton	2/1 Badminton
2/4 Handball	2/6 Handball	2/8 Handball
2/11 Handball	2/13 Handball	2/15 Handball
2/18 Weight Training/Fitness Teaching	2/20 Weight Training/Fitness	2/22 Weight Training/Fitness
2/25 Weight Training/Fitness	2/27 Weight Training/Fitness	2/23 Weight Training/Fitness
3/4 Shuffleboard	3/6 Shuffleboard	3/8 Shuffleboard
3/11 Spring break	3/13 Spring Break	3/15 Spring Break
3/18 Archery Fitness Plans Due	3/20 Archery	3/21 Archery
3/25 Golf	3/27 Golf	3/29 Golf
4/1 Golf	4/3 Golf	4/5 Frisbee Golf
4/8 Frisbee Golf	4/10 Frisbee Golf	4/12 Tennis
4/15 Tennis	4/17 Tennis	4/19 Tennis
4/22 Tennis	4/24 Tennis	4/26 Student Choice
4/29 Student Choice	5/1 Student Choice	5/3 Student Choice

This schedule is subject to change due to weather or other issues. Changes will be announced through email, in class, and/or through e-campus.

Part 3:

Accessibility/Accommodations:

Concord University is committed to responding to the needs of students with disabilities as defined by the Americans with Disabilities Act. Please inform your instructor at the beginning of the class semester if you have a disability and are requesting accommodations. It is your responsibility to self-disclose that you are requesting accommodations. The University and instructor will provide you with a reasonable accommodation. You should register with CU's Disability Services Office, located in the Athens campus Jerry and Jean Beasley Student Center, Bottom Floor, across from the Campus Post Office. The Disability Services Office phone is 304-384-6086 or you can email the Director, Nancy Ellison, at nellison@concord.edu for assistance.

Academic Dishonesty

Academic dishonesty is morally unacceptable as well as destructive to the learning and teaching atmosphere. Academic dishonesty includes the giving or receiving of improper help on examinations or assignments, falsifying documents, and plagiarism (the act of stealing and using, as one's own, the ideas or the expression of the ideas of another). Such dishonesty can lead to a variety of penalties — including but not limited to failure of assignment, failure of course, loss of institutional privileges, or dismissal from the University. (See University Catalog Academic Policies and Procedures.)

Concord University Honor Code

A Concord University Honor Code was approved by students, staff, faculty, administration, and the CU Board of Governors. The Code states:

"As a member of the Concord University Community I will act with honesty and integrity in accordance with our fundamental principles and I will respect myself and others while challenging them to do the same."

The Honor Code is intended to unite the Concord community behind a culture of honesty, integrity, and civility.

Class/Online Attendance Policy

Regular class attendance is part of a student's academic obligation at Concord. Irregular attendance may affect academic performance adversely and is detrimental to the atmosphere of a class. (See University Catalog Academic Policies and Procedures.) • Class attendance is **REQUIRED. After three absences, each occurring absence will result in a 10% grade deduction from your final grade.** Be on time. Tardiness is not professional it shows disrespect towards yourself, your classmates, and your professor.

Emergency Alert System

In an effort to increase safety and security on our campus, Concord University encourages everyone to register for instant text message alerts. Alerts will only be used for security and safety notices. All students, faculty, and staff are eligible to receive text message alerts on their cell phones or email alerts. Please contact the IT Help Desk for further assistance (304-384-5291).

Emergency Information

Emergency/courtesy telephones are located at the main entrance of each residence hall and at various other locations on campus. Emergency telephones can be identified by the flashing blue light and will

provide the user with a direct link to Public Safety at the press of a button. To report an on-campus emergency, call 304-384-5357 or 911. The Office of Public Safety is located on the bottom floor of the Rahall Technology Center. For further emergency information go to:

<http://www.concord.edu/administration/office-public-safety>.

Inclement Weather Policy

As a general policy, the University will remain in normal operations during adverse weather conditions. In the event of severe weather conditions, the following may occur:

University Closure

No students or employees are to report.

Classes Cancelled

Students do NOT report BUT employees are expected to report to work at their normal time.

Operating on an Inclement Weather Delay

Under this schedule, all 8 a.m. classes will start at 10 a.m. Students and faculty will follow the Inclement Weather Schedule. (See <http://www.concord.edu/emergency-alerts> for Athens/Beckley Inclement Weather Schedules.)

**Announcements invoking the late schedule or other options referenced above are aired on area radio and television stations and are sent as text and email messages to those enrolled for this service.*

Student Conduct

In classrooms, online, laboratories, and during any activities that are part of course requirements, students are expected to observe reasonable rules of conduct.

Technology Services

Contact the CU Help Desk at extension 5291 from campus or 304-384-5291 off campus. You may also e-mail cuhelpdesk@concord.edu.

Syllabus Disclaimer

"This syllabus is subject to change based on the needs of the class. Please check it regularly."