



The mission of Concord University is to provide quality, liberal arts based education, to foster scholarly and creative activities and to serve the regional community (<http://www.concord.edu/academics/>).

Course Prefix, Number and Title: AT 420 Special Topics in AT (BOC Prep)

Course CRN # and Section 20481 Sec. 1

Semester Taught (including year): Spring 2019

Professor: Laura Wamsley

Credit Hours: 2

Office Location: Carter Center 403

Prerequisites: All AT 100, 200, and 300 level courses

Office Hours: Mon:10:00 – 11:00 AM
12:00- 1:00 PM
Tues:8:30– 9:30 AM
Wed: 12:00– 1:00 PM

Course Time (if applicable): T/TH 11-11:50

Email: lwamsley@concord.edu

Building and Room Number (if applicable): CC 405

Phone: 304-384-6264

Office Fax: 304-384-5117

College/Department Website

<https://www.concord.edu/hpat/>

Course Description/Rationale:

This course examines special topics pertaining to the field of athletic training and sports Medicine. Topics may include the females in athletics, sports nutrition, equipment utilization, And/or other advanced topics in athletic training identified by students. This course will also Begin preparation for students taking the BOC Examination.

Course Management System (Blackboard/Moodle or other systems): Blackboard

Hardware/Software Needed (include privacy policies, if applicable):

Throughout this course we will be utilizing email, word processing, and PowerPoint presentations. Information managed on Blackboard will include, but is not limited to the syllabus and any needed revisions, assignment instructions and rubrics, assigned readings, course content PowerPoints and grades. All assignments must be turned in on time. Some assignments may need to be printed for submission, therefore, each student must have access to a reliable computer and printer. Emailed or hand written

assignments will not be accepted unless the instructor has PREDETERMINED this to be acceptable within the related instructions.

Text requirements: Principles of Athletic Training- Prentice *McGraw Hill*

Athletic Training Exam Review – Van Ost, Feirman and Manfre *Slack Inc.*

2 practice exams from NATA

<https://www.nata.org/career-education/education/boc-exam-study-guide>

Concord University Educational Goal(s)

The educational programs of Concord University are designed to foster skills, knowledge, and attitudes applicable across a wide range of academic fields and professional careers in a culturally diverse, perpetually evolving global community

Baccalaureate degree programs, including the BS in AT with which this course is aligned, building on the General Studies program, and provide the opportunities for in-depth study in a student's chosen field(s).

Skills: Proficiency in interpreting data, integrating information, formulating ideas, thinking critically, and communicating with others, as demonstrated by the following competencies:

An ability to analyze, synthesize, and integrate elements, information and ideas

National Standards (if applicable) For example, NCTM, IRA, CAEP, etc.

This course is structured as a core component within the CAATE Accredited Athletic Training Program. As such, the following Athletic Training Educational Competencies will be addressed within this course:

PD-3: Describe the role and function of the Board of Certification, the Commission on Accreditation of Athletic Training Education, and state regulatory boards.

PD-4: Explain the role and function of state athletic training practice acts and registration, licensure, and certification agencies including (1) basic legislative processes for the implementation of practice acts, (2) rationale for state regulations that govern the practice of athletic training, and (3) consequences of violating federal and state regulatory acts.

PD-5: Access, analyze, and differentiate between the essential documents of the national governing, credentialing and regulatory bodies, including, but not limited to, the NATA Athletic Training Educational Competencies, the BOC Standards of Professional Practice, the NATA Code of Ethics, and the BOC Role Delineation Study/Practice Analysis.

PD-6: Explain the process of obtaining and maintaining necessary local, state, and national credentials for the practice of athletic training.

Additionally, students will understand significant concepts associated with athletic training practice by reviewing content from prior AT coursework.

Additional Course Objectives Based on the Programmatic Outcomes Assessment Plan:

In addition to the above University Goals and National Standards, during and after completion of this course, students should possess an understanding of relative athletic training knowledge that will enable them to:

VI:C – The program will provide an a safe and motivational learning environment for students.

Course Requirements

- Weekly Assignments: Weekly review assignments utilizing the required text will be assigned by instructor. Results of each assigned section must be brought to class on the respective due date.
- NATA Position Statement Summaries: Each student will be assigned certain position statements in which they will summarize and review for their classmates. They should complete a brief written summary of the position statement and print enough copies for all course members. A brief oral review will be given in class.
- Quizzes: students will complete quizzes in class based on information presented in class or chapters assigned for review.
- In-class exam preparation: various content and exam prep tools will be utilized during class time.
- Mock Exam: two mock exams will be given during this course. The first will be given early in the semester, and will be used for evaluation and planning purposes only. Mid-semester a second mock exam will be given which will be graded to include in the course grade. Mock exams will be given at pre-scheduled times outside of class time.
- Study plan: each student will develop an individualized study plan to follow this semester. Three hours each week should be designated as study time. This set time is non-negotiable as if you were scheduled to be in class. Designate a space in which you will study. Consider study techniques which benefit you the most and make plans to use those techniques.

Miscellaneous Course Performance and Participation Expectations:

Class members (student/instructor):

1. Be on time for class.
2. Be prepared for class when class starts, not 5 minutes after class starts.
3. Common courtesy – don't talk over one another, **no cell phones, no text messaging**, etc.
4. **Class participation and discussion are encouraged, but side conversations are not, either talk for the whole class to hear, or do not talk at all.**
5. Stay focused throughout class, we will try to be out on time every week, but please do not pack up early.
6. Stay caught up if not ahead on any readings and assignments. .
7. Ask questions when you are not sure about something.
8. Have mutual respect for your instructor as well as your fellow classmates.
9. All required reading should be done by the student before the date scheduled on the syllabus. Unannounced, random quizzes may be given throughout the semester at the discretion of the instructor. The bulk of the reading will consist of readings from the text and journal articles. However, other readings may be assigned throughout the semester.

Grading Policy and Scale, Make-up Policy, Late Work

Grading Policy:

Weekly assignments	60%
Study Plan	5%
Quizzes	20%
NATA Position Statements	10%
Mock Exam #2	5%

Grading Scale:

90-100%	=	A
80-89%	=	B
70-79%	=	C
60-69%	=	D
59-0%	=	F

Make-up Policy and Late Work:

Late assignments will only be accepted for up to one week after the assigned due date. For each day late the final grade potential will drop by 10%. After one week, the assignment will no longer be accepted and a grade of 0 will be awarded.

Class participation

If you're going to show up, you might as well learn something. Class participation is vital to learning and understanding.

Course Timeline (Schedule of Assignments/Assessments/Presentations)

Date	Class Plan	Assignment to be done for following class
Jan 15	Introduction, Review of Syllabus, BOC Webpage Review	Develop study plan. Purchase book.
Jan 17	BOC exam policies and Information-create BOC profile	Purchase Mock Exam from NATA
Jan 22	Position Statement Review	Position Statement Summaries
Jan 24	Position Statement Review	Position Statement Summaries
Jan 25	Mock Exam	Rahall 303
Jan 29	Quiz 1 (Position Statements) Terminology/Vocab Review	Complete Chapter 3 Injury/Illness Prevention and Wellness Protection -Grade section prior to class Read Ch. 1 (Prentice)
Jan 31	The Athletic Trainer as a Health Care Provider	Read Ch. 2 (Prentice)

Feb 5	Quiz 2 (Chapters 1 & 2) HealthCare Organization and Administration in Athletic Training	Complete Chapter 3 Clinical Evaluation and Diagnosis Questions Read Ch.3 (Prentice)
Feb 7	Legal Concerns and Insurance Issues Deformities/Orthopedic Review	Read Chapter 4(Prentice)
Feb 12	Quiz 3 (Chapters 3 & 4) Fitness and Conditioning Techniques	Complete Chapter 3 Immediate and Emergency Care Questions Read Chapter 5 (Prentice)
Feb 14	Nutrition and Supplements	Read Chapter 6 (Prentice)
Feb 19	Quiz 4 (Chapters 5 & 6) Environmental Considerations	Complete Chapter 3 Treatment and Rehabilitation Questions Read Chapter 7 and 8 (Prentice)
Feb 21	Protective Equipment/Wrapping and Taping	Read Chapter 9 (Prentice)
Feb 26	Quiz 5 (Chapters 7, 8 & 9) Mechanisms and Characteristics of Musculoskeletal and Nerve Trauma	Complete chapter 3 Organizational and Professional Health and Well-Being Questions Read Chapter 10(Prentice)
Feb 28	Tissue Response to Injury	Read Chapter 11(prentice)
March 5	Quiz 6 (Chapters 10 & 11) Psychosocial Intervention for Sports Injuries and Illnesses	Complete Chapter 3 Related Athletic Training Subject Matter Questions Read Chapter 12 and 13 (Prentice)
March 7	On and Off Field Injury Evaluation	Read Chapter 14 Complete Chapter 3 True/False Questions Complete Chapter Applied Decision Making Complete Chapter 5 Skills Assessment
March 8	Mock Exam	Rahall 303
March 19	Quiz 7 (Chapters 12,13 & 14) Infectious Diseases, Bloodborne Pathogens, and Universal Precautions	Read Chapter 15, 16 and 17(Prentice)
March 21	Using Therapeutic Modalities and Therapeutic Exercise in Rehabilitation Pharmacology, Drugs and Sports Quiz 8 (Chapters 15, 16, & 17)	Complete Chapter 6 Critical Thinking
March 26	Relevant or Requested Topic	
March 28	Relevant or Requested Topic	
April 2	Relevant or Requested Topic	
April 4	Relevant or Requested Topic	

April 9	Relevant or Requested Topic	
April 11	Transitioning to ATC	
April 11	Transitioning to ATC	
April 13	Transitioning to ATC	
April 18	Transitioning to ATC	
April 20	TBD	
April 25	TBD	
April 27	No Final Exam	
No Final Exam		

*The above Semester At-A-Glance schedule may be altered at the discretion of the instructor. Students enrolled in this course will be notified immediately of any changes or alterations to this schedule.

Accessibility/Accommodations:

Concord University is committed to responding to the needs of students with disabilities as defined by the Americans with Disabilities Act. Please inform your instructor at the beginning of the class semester if you have a disability and are requesting accommodations. It is your responsibility to self-disclose that you are requesting accommodations. The University and instructor will provide you with a reasonable accommodation. You should register with CU's Disability Services Office, located in the Athens campus Jerry and Jean Beasley Student Center, Bottom Floor, across from the Campus Post Office. The Disability Services Office phone is 304-384-6086 or you can email the Director, Nancy Ellison, at nellison@concord.edu for assistance.

Academic Dishonesty

Academic dishonesty is morally unacceptable as well as destructive to the learning and teaching atmosphere. Academic dishonesty includes the giving or receiving of improper help on examinations or assignments, falsifying documents, and plagiarism (the act of stealing and using, as one's own, the ideas or the expression of the ideas of another). Such dishonesty can lead to a variety of penalties — including but not limited to failure of assignment, failure of course, loss of institutional privileges, or dismissal from the University. (See University Catalog Academic Policies and Procedures.)

Concord University Honor Code

A Concord University Honor Code was approved by students, staff, faculty, administration, and the CU Board of Governors. The Code states:

"As a member of the Concord University Community I will act with honesty and integrity in accordance with our fundamental principles and I will respect myself and others while challenging them to do the same."

The Honor Code is intended to unite the Concord community behind a culture of honesty, integrity, and civility.

Class/Online Attendance Policy

Regular class attendance is part of a student's academic obligation at Concord. Irregular attendance may affect academic performance adversely and is detrimental to the atmosphere of a class. (See University Catalog Academic Policies and Procedures.)

Emergency Alert System

In an effort to increase safety and security on our campus, Concord University encourages everyone to register for instant text message alerts. Alerts will only be used for security and safety notices. All students, faculty, and staff are eligible to receive text message alerts on their cell phones or email alerts. Please contact the IT Help Desk for further assistance (304-384-5291).

Emergency Information

Emergency/courtesy telephones are located at the main entrance of each residence hall and at various other locations on campus. Emergency telephones can be identified by the flashing blue light and will provide the user with a direct link to Public Safety at the press of a button. To report an on-campus emergency, call 304-384-5357 or 911. The Office of Public Safety is located on the bottom floor of the Rahall Technology Center. For further emergency information go to:

<http://www.concord.edu/administration/office-public-safety>.

Inclement Weather Policy

As a general policy, the University will remain in normal operations during adverse weather conditions. In the event of severe weather conditions, the following may occur:

University Closure

No students or employees are to report.

Classes Cancelled

Students do NOT report BUT employees are expected to report to work at their normal time.

Operating on an Inclement Weather Delay

Under this schedule, all 8 a.m. classes will start at 10 a.m. Students and faculty will follow the Inclement Weather Schedule. (See <http://www.concord.edu/emergency-alerts> for Athens/Beckley Inclement Weather Schedules.)

**Announcements invoking the late schedule or other options referenced above are aired on area radio and television stations and are sent as text and email messages to those enrolled for this service.*

Student Conduct

In classrooms, online, laboratories, and during any activities that are part of course requirements, students are expected to observe reasonable rules of conduct.

Sexual Harassment & Assault

Federal law, Title IX, and Concord University policy prohibits discrimination, harassment, and violence based on sex and gender (Including sexual harassment, sexual assault, domestic/dating violence, stalking, sexual exploitation, and retaliation). If you or someone you know has been harassed or assaulted, you can receive confidential counseling support through the Concord University Counseling Center (304-384-

5290). Alleged Violations can be reported non-confidentially to the Concord University Title IX Coordinator at 304-384-6327 or titleix@concord.edu. Reports to Campus Security can be made at (304-384-5357). As an employee at Concord University, I am a mandatory reporter which means I must report any sexual misconduct I am made aware of. This includes verbal or written (such as in an assignment) disclosures of sexual harassment or sexual assault.

Technology Services

Contact the CU Help Desk at extension 5291 from campus or 304-384-5291 off campus. You may also e-mail cuhelpdesk@concord.edu.

Syllabus Disclaimer

"This syllabus is subject to change based on the needs of the class. Please check it regularly."

Miscellaneous:

BOC Exam Deadlines for March/April Testing Window

<u>Apply*</u>	Application Deadline: February 25, 2019 (5:00pm CT) <i>Candidate must complete Steps 1 & 2 (Forms AT101 & AT102) by Application Deadline</i>
<u>Register^</u>	February 24, 2019 (9:00am CT) - March 4, 2019 (5:00pm CT)
<u>Schedule+</u>	March 12, 2019 (or when scheduling email is received from Castle) - April 1, 2019
<u>Exam#</u>	March 23, 2019 - April 6, 2019
<u>Scores</u>	Exam results will be posted after April 6, 2019: Typically 2-4 weeks after exam window closes