



RPSY302 – Adolescent Development

Master Course Syllabus

Course Overview (QM Standards 1.2)

Course description: *Parenting* is an eight-week online, three credit hour course that examines theory and research relative to physical growth, intellectual development, relationships with parents and peers, and growth in self-direction. Special attention given to the quest of identity and self-concept.

Course Goals:

1. Analyze theories, norms, and problems of emotional-social, mental and physical-motor development of individuals in different age groups.
2. Identify differences and similarities in male and female sexuality in relation to psychological, sociological, and biological aspects of reproductions.
3. Identify the responsibilities and alternatives of preparing for and accepting parenthood.
4. Analyze factors, which influence development of individual family members at different stages.
5. Establish criteria for the development of a positive self-concept and identify influences of self-concept on relationships.
6. Identify factors, which influence the quality of personal and family relationships under varying conditions.
7. Analyze the influences of heredity and environment on the development of individual's indication periods of accelerations and deceleration within an orderly sequence of development.
8. Establish criteria in the selection of knowledge development for the adolescent.
9. Appraise the atmosphere of adolescent development and life as it fits into today's society.

Pre-Requisites (QM Standard 1.6)

There are no course prerequisites for this course other than being an RBA (Regents Bachelor of Arts) student.

Minimum Technical Requirements and Online Resources (QM Standards 1.5 & 1.7)

In addition to a web browser (preferable Firefox) that is Blackboard compatible, you will need the other WVROCKS supported technologies outlined in the student policies section.

Online Resources: This course makes use of many online resources. I have made every effort to make sure the links I have are up-to-date. However, due to the changing nature of the web, you may find that a resource is temporarily unavailable or has been removed. If this should happen, please send me an email and I will find an alternative resource or modify the assignment accordingly.

Instructor Information (QM Standards 1.8 & 5.3)

Individual instructors complete this information.

Virtual Office Hours

I am available in my virtual office by appointment only. Send me an email to set up an appointment.

Personal Commitment

My personal commitments to you as a participant include:

- I will reply to course mail messages within 24 hours;
- I will read all discussion postings and will reply where appropriate within 3 days
- I will acknowledge my receipt of every course mail message immediately upon reading it. If I am unable to respond to the request or concern at the time of initial reply, I will give you an estimated time for my next reply.
- If I am going to be away from the course space for more than a day or two, I will send a message to you indicating the length of my absence.
- I will regularly update information regarding due dates in the course announcements.

Optional/Required Course Materials (QM Standard 4.6)

You will find your required textbook information in the course catalog at <http://ilearn-wvrocks.wvnet.edu>. All other materials are found in the individual course modules.

Grading Policy (QM Standard 3.2)

Evaluation and Grading

Each module consists of a series of assignments, worksheets, discussions and reviews, each having specific point values designated in the table below. For each assignment you will be given the rubric or grading criteria from which you will be evaluated.

The grading scale is as follows:

- A = 464-515 pts.
- B = 412-463 pts.
- C = 361-411 pts.
- D = 309-360 pts.

- F = < 309 pts.

List of Course Assignments with Point Values

Assignment/Assessment	Point Value
M0A1: Course Introduction Discussion-Adolescent Memory	20
M0A2: Orientation Quiz	10
M0A3: Orientation Assignment	5
M1A1: Best Answer Activity	20
M1A2: Adolescent Discussion	10
M1A3: Chapter One Check for Understanding	20
M1A4: Media Review Activity	25
M2A1: Best Answer Activity	10
M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion	20
M2A3: Chapters Two and Three Check for Understanding	20
M3A1: Best Answer Activity	10
M3A2: Adolescent Development Discussion	20
M3A3: Chapters Four and Five Check for Understanding	20
M4A1: Best Answer Activity	10
M4A2: Adolescent Sexuality Discussion	20
M4A3: Chapters Six and Seven Check for Understanding	20
M4A4: Dilemma Case Studies and Kohlberg's Stages Activity	45
M5A1: Best Answer Activity	20
M5A2: Peer Groups Discussion	20
M5A3: Chapters eight and nine Check for Understanding	10
M6A1: Best Answer Activity	20
M6A2: Adolescent Education and Careers Discussion	20
M6A3: Chapters ten and eleven Check for Understanding	10

M7A1: Best Answer Activity	20
M7A2: Adolescents and Emerging Adulthood Discussion	20
M7A3: Chapters twelve and thirteen Check for Understanding	10
M7A4: Cultural Differences Paper	50
Total Points	515

Module Objectives and Assessments (QM Standard 2.2, 2.3, 2.4, 2.5, 3.4, 3.5, 5.1)

Module 1: Introduction to Adolescent Development

After you have complete the readings and content for this module you will be able to:

- Describe the historical perspective of adolescence. [**M1A2: Adolescent Discussion**]
- Discuss today's U.S. adolescents and adolescents around the world. [**M1A2: Adolescent Discussion, M1A4: Media Review Activity**]
- Identify the developmental processes, periods, transitions, and issues related to adolescence. [**M1A3: Chapter One Check for Understanding**]
- Characterize the science of adolescent development. [**M1A1: Best Answer Activity, M1A2: Adolescent Discussion**]

Module 2: Evolution, Heredity, Environment and Cognitive Development of Adolescents

After you have complete the readings and content for this module you will be able to:

- Discuss the determinants, characteristics, and psychological dimensions of puberty. [**M2A1: Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion**]
- Identify and summarize the nature of adolescents' and emerging adults' health. [**M2A1: Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion, M2A3: Chapters Two and Three Check for Understanding**]
- Identify and discuss the contributions of evolution, heredity, and environment to adolescent development. [**M2A1: Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion, M2A3: Chapters Two and Three Check for Understanding**]
- Discuss the cognitive developmental view of adolescence. [**M2A1: Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion**]

- Describe the developmental changes in the brain during adolescence. [M2A2: **Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion, M2A3: Chapters Two and Three Check for Understanding**]
- Characterize the information-processing view of adolescence. [M2A1: **Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion**]
- Identify the psychometric/intelligence view of adolescence. [M2A3: **Chapters Two and Three Check for Understanding**]
- Explain how social cognition is involved in adolescent development. [M2A1: **Best Answer Activity, M2A2: Evolution, Heredity, Environment and Cognitive Development of Adolescents Discussion**]

Module 3: Adolescent Personality and Gender Differences

After you have complete the readings and content for this module you will be able to:

- Describe the development of the self in adolescence. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Explain the many facets of identity development. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Discuss the emotional development of adolescents. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Identify the personality development of adolescents. [M3A3: **Chapters Four and Five Check for Understanding**]
- Discuss the biological, social, and cognitive influences on gender. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Discuss gender stereotypes, similarities, and differences. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Characterize the variations in gender-role classification. [M3A1: **Best Answer Activity, M3A2: Adolescent Development Discussion**]
- Identify developmental changes in gender. [M3A3: **Chapters Four and Five Check for Understanding**]

Module 4: Adolescent Sexuality and Moral Development

After you have complete the readings and content for this module you will be able to:

- Discuss some basic ideas about the nature of adolescent sexuality. [M4A1: **Best Answer Activity, M4A2: Adolescent Sexuality Discussion, M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]
- Identify sexual attitudes and behavior in adolescence. [M4A3: **Chapters six and seven Check for Understanding**]

- Describe the main sexual problems that can emerge in adolescence. [**M4A1: Best Answer Activity, M4A2: Adolescent Sexuality Discussion, M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]
- Characterize the sexual literacy of adolescents and sex education. [**M4A2: Adolescent Sexuality Discussion, M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]
- **Discuss the domains of moral development.** [**M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]
- Describe how the contexts of parenting and schools can influence moral development. [**M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]
- Identify and explain the roles of values, religion, and cults in adolescents' and emerging adults' lives. [**M4A1: Best Answer Activity, M4A2: Adolescent Sexuality Discussion, M4A3: Chapters six and seven Check for Understanding, M4A4: Dilemma Case Studies and Kohlberg's Stages Activity**]

Module 5: Parenting Preschoolers, School-Age Children, Adolescents, and Young Adults

After you have complete the readings and content for this module you will be able to:

- Discuss the nature of family processes in adolescence. [**M5A1: Best Answer Activity**]
- Describe adolescents' and emerging adults' relationships with their parents. [**M5A1: Best Answer Activity, M5A2: Peer Groups Discussion**]
- Characterize sibling relationships in adolescence. [**M5A1: Best Answer Activity**]
- Describe the changing family in a changing society. [**M5A1: Best Answer Activity**]
- Explain what is needed for improved social policy involving adolescents and their families. [**M5A1: Best Answer Activity**]
- Discuss the role of peer relations, friendship, and loneliness in adolescent development. [**M5A2: Peer Groups Discussion**]
- Summarize what takes place in adolescent groups. [**M5A2: Peer Groups Discussion**]
- Describe the roles of gender and culture in adolescent peer groups and friendships. [**M5A2: Peer Groups Discussion**]
- Characterize adolescent dating and romantic relationships. [**M5A2: Peer Groups Discussion**]
- Explain the diversity of emerging adult lifestyles. [**M5A1: Best Answer Activity, M5A2: Peer Groups Discussion**]

Module 6: Adolescent Education

After you have complete the readings and content for this module you will be able to:

- Describe approaches to educating students. [**M6A1: Best Answer Activity, M6A2: Adolescent Education and Careers Discussion**]
- Discuss transitions in schooling from early adolescence to emerging adulthood. [**M6A2: Adolescent Education and Careers Discussion**]
- Explain how the social contexts of schools influence adolescent development. [**M6A2: Adolescent Education and Careers Discussion**]

- Identify characteristics and education of adolescents who are exceptional. **[M6A3: Chapters ten and eleven Check for Understanding]**
- Discuss achievement in the lives of adolescents. **[M6A1: Best Answer Activity, M6A2: Adolescent Education and Careers Discussion]**
- Describe the role of work in adolescence and in college. **[M6A1: Best Answer Activity, M6A2: Adolescent Education and Careers Discussion]**
- Identify career development in adolescence. **[M6A3: Chapters ten and eleven Check for Understanding]**

Module 7: Cultural Differences and Emerging Adulthood

After you have complete the readings and content for this module you will be able to:

- Discuss the role of culture in the development of adolescents and emerging adults. **[M7A4: Cultural Differences Paper]**
- Describe how socioeconomic status and poverty are related to adolescent development. **[M7A4: Cultural Differences Paper]**
- Summarize how ethnicity is involved in the development of adolescents and emerging adults. **[M7A4: Cultural Differences Paper]**
- Identify the roles of the media and technology in adolescent development. **[M7A3: Chapters twelve and thirteen Check for Understanding, M7A4: Cultural Differences Paper]**
- Discuss the nature of problems in adolescence and emerging adulthood. **[M7A1: Best Answer Activity, M7A2: Adolescents and Emerging Adulthood Discussion]**
- Describe some main problems that characterize adolescents and emerging adults. **[M7A1: Best Answer Activity, M7A2: Adolescents and Emerging Adulthood Discussion]**
- Summarize the interrelation of problems and ways to prevent or intervene in problems. **[M7A1: Best Answer Activity, M7A2: Adolescents and Emerging Adulthood Discussion]**